

PE & Sport Premium Impact Summary Report: Watermill School 2024-2025

Impact on Improving Opportunities in Sport and Physical Activity

This year, the school has invested targeted PE and Sport Premium funding to significantly enhance access to high-quality physical activity for pupils. Funding has supported staff CPD, specialist coaching, adapted resources, top-up swimming, peer-led activity and increased participation in extra-curricular sport. Funding has also increased pupils access to a wider range of activities and community clubs, events and facilities.

Improving Access and Participation for Girls

The school has increased girls' access to PE, sport and physical activity. Funding has supported increased participation in clubs, competitions and specialist activity sessions designed to raise girls' confidence and sustained engagement.

Overall Impact

Funding has positively increased staff confidence and competence, raised pupil engagement in daily physical activity, strengthened the profile of PE across the school, broadened the curriculum offer and increased inter school sport participation.

Key Impacts

The school has seen increased physical activity levels, higher participation in school sport, growth in staff CPD completion and improvements in swimming attainment.

100% pupils access over the National recommended 30 minutes of physical activity per day in school

Pupils have a greater range of opportunities for participation.

Over 75% pupils have accessed weekly cardio drumming (new activity)

Over 50% pupils have accessed weekly scooter sessions (new activity)

100% pupils have opportunity to access weekly swimming and water safety sessions for a minimum of 6 weeks per year.

2 staff have completed rebounding for therapy, confidence and fitness training

All staff have had access to 2 hours Motor Abilities Training

All staff have had access to 3 hours PESSPA and STEPS approach training

6 Staff have attended NRAST Lifeguard training

Swimming provision

At Watermill School, we are committed to helping every child develop essential life skills, including confidence and safety in and around water. As part of the national curriculum for PE, all pupils work towards being able to swim 25 metres, use a range of strokes, and perform safe self-rescue techniques.

However, our school setting is more concerned with developing pupil swimming and water safety across all year groups and use the school sports premium to support swimming top up for all pupils.

Year 6 Swimming Outcomes (This Year)

- **3%** of pupils can swim **25 metres** competently and confidently.
- **10%** of pupils can use a **range of swimming strokes** effectively, including front crawl, backstroke and breaststroke.
- **3%** of pupils can perform **safe self-rescue** in different water situations.

These results reflect the unique needs of our pupils, many of whom require additional support and adapted teaching to develop water confidence and swimming skills.

Thanks to the PE and Sport Premium, we have been able to provide:

- Additional swimming support for pupils who need extra practice
- Specialist instructors experienced in working with children with SEND
- Smaller, more focused swimming groups
- Extra time in the pool for pupils who benefit from repetition and confidence-building

This has had a **positive impact**, helping more children feel comfortable and safe in the water, even if they have not yet reached the national curriculum expectations. Families and teachers have reported noticeable improvements in water confidence, resilience, and enjoyment.

